

First Steps 3 - Strumming Patterns

		1	and	2	and	3	and	4	and	1	and	2	and	3	and	4	and
4/4	SP1	↓	↑	↓	↑	↓	↑	↓	↑	↓	↑	↓	↑	↓	↑	↓	↑

		1	2	and	3	4	and	1	2	and	3	4	and
4/4	SP2	↓	↓	↑	↓	↓	↑	↓	↓	↑	↓	↓	↑

		1	and	2	3	and	4	1	and	2	3	and	4
4/4	SP3	↓	↑	↓	↓	↑	↓	↓	↑	↓	↓	↑	↓

		1	and	2	3	4	and	1	and	2	3	4	and
4/4	SP4	↓	↑	↓	↓	↓	↑	↓	↑	↓	↓	↓	↑

		1	2	and	and	4	and	1	2	and	and	4	and
4/4	SP5	↓	↓	↑	↑	↓	↑	↓	↓	↑	↑	↓	↑

		1	2	and	3	and	4	and	1	2	and	3	and	4	and
4/4	SP6	↓	↓	↑	↓	↑	↓	↑	↓	↓	↑	↓	↑	↓	↑

		1	2	and	3	1	2	and	3
3/4	SP7	↓	↓	↑	↓	↓	↓	↑	↓

The three most common strumming patterns are SP2, SP6 and SP8, so practise them first.

		1	2	and	3	and	1	2	and	3	and
3/4	SP8	↓	↓	↑	↓	↑	↓	↓	↑	↓	↑

		1	2	3	1	2	3
3/4	SP8a	↓	↓	↓	↓	↓	↓

		1	2	3	4	5	6	1	2	3	4	5	6
6/8	SP10	↓	↑	↓	↑	↓	↑	↓	↑				

T03: Strumming Patterns