

First Steps 3 - Strumming Patterns

1 and 2 and 3 and 4 and 1 and 2 and 3 and 4 and

4/4	SP1	↓	↑	↓	↑	↓	↑	↓	↑	↓	↑	↓	↑	↓	↑	↓	↑
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1 2 and 3 4 and 1 2 and 3 4 and

4/4	SP2	↓	↓	↑	↓	↓	↑	↓	↓	↑	↓	↓	↑
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1 and 2 3 and 4 1 and 2 3 and 4

4/4	SP3	↓	↑	↓	↓	↑	↓	↓	↑	↓	↓	↑	↓
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1 and 2 3 4 and 1 and 2 3 4 and

4/4	SP4	↓	↑	↓	↓	↓	↑	↓	↑	↓	↓	↓	↑
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1 2 and and 4 and 1 2 and and 4 and

4/4	SP5	↓	↓	↑	↑	↓	↑	↓	↓	↑	↑	↓	↑
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1 2 and 3 and 4 and 1 2 and 3 and 4 and

4/4	SP6	↓	↓	↑	↓	↑	↓	↑	↓	↓	↑	↓	↑	↓	↑
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1 2 and 3 1 2 and 3

3/4	SP7	↓	↓	↑	↓	↓	↓	↑	↓
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1 2 and 3 and 1 2 and 3 and

3/4	SP8	↓	↓	↑	↓	↑	↓	↓	↑	↓	↑
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1 2 3 1 2 3

3/4	SP8a	↓	↓	↓	↓	↓	↓
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1 2 3 4 5 6 1 2 3 4 5 6

6/8	SP10	↓	↑	↓	↑	↓	↑	↓	↑
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