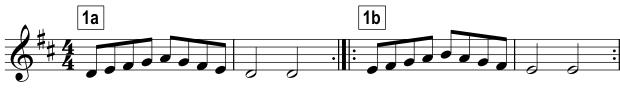


Lower Note Exercises 1

 $T^{ake\ these\ exercises}$ very slowly at first, and build up tempo slowly. Eventually you could play continuously from the first exercises to the last.

Exercise 1





Exercise 2





Exercise 3





Exercise 4

